



Mt Everest does not need any introduction, the highest peak in the world is not only the most sort after mountain to climb; even the Trek to Base Camp is equally popular. It is referred as 'Mother of all Treks' The sheer presence of the world's highest peak makes the trek more interesting. Trekking parallel to the gushing Dudh Koshi River and later the Kumbha glacier is an experience any adventure seeking person would not like to miss. The Best view of Mt Everest is from Kala Patthar that is located close to Gorakshep.

Route: Lukla - Monjo - Namche Bazar - Deboche - Dingboche - Lobuche - Gorakshep - Everest Base Camp (EBC) - Gorakshep - Kala Pattar - Lobuche - Pheriche - Namche Bazar - Lukla

Average Trek Time: 5-8 hrs per day

Itinerary

Day 01: Kathmandu

Arrive in Kathmandu. Transfer to the hotel. Detailed briefing about the trek in the evening, O/N at Hotel

Day 02: Lukla(2840m) - Begin Trek - Monjo(2940m)

Half an hour morning flight to Lukla, one of the highest airports in the world. Start our trek to north up the Dudh Kosi valley to Monjo. Where it officially enters Sagarmatha (Everest) National Park, a UNESCO World Heritage site. O/N at guest house



Day 03 & 04: Namche Bazar, Elevation: 3440m, Hiking Time: 5-6 hours

Trekking along the banks of the Dudh Kosi, crossing this majestic river many times on exciting suspension bridges laden with prayer flags brings us to the Namche Bazar, the Sherpa Capital town. O/N at hotel. Acclimatization day at Namche Bazar. Catch a first glimpse of Everest during a steep climb to Shangbouche.

Day 05: Debucho, Elevation: 4530 m, Hiking Time: 5-6 hours

Trek to Debucho. On the way we'll be visiting Rongbuk, the highest monastery in the world. O/N at guest house.

Day 06 & 07: Dingbouche, Elevation: 4410m, Hiking Time: 6 hours

Trek to Dingbouche. Here we will see beautiful array of fields enclosed by stone walls to protect barley, buckwheat and potatoes from the cold winds and grazing animals. O/N at guest house. We will be trekking to Chukung and back on our second acclimatization day. O/N at guest house

Day 08: Lobuche, Elevation: 4910m, Hiking Time: 4 hrs

Today's trail continues along the lateral moraine of the Khumbu Glacier and passes by stone memorials for climbers who have perished on nearby summits. O/N at guest house





Day 09: Gorakhshep - Mt. Everest Base Camp - Gorakhshep, Elevation: 5153m, Hiking Time: 2-3 hrs

The trail to Gorak Shep goes ahead through the lateral moraine of the Khumbu Glacier. In the early afternoon we trek to the Mt Everest base camp (17,575 ft). We take the trail to Everest Base Camp through the once vast Gorak Shep Lake. Continuing straight ahead, we come through the Indian army mountaineers' memorials. O/N stay at Gorakhshep

Day 10: Gorakhshep - Kala Patthar(5545m) - Gorakhshep - Pheriche

We start early in the morning around 3 AM to catch the dramatic views from Kala Patthar witnessing the first light of day shining on Mt. Everest. We come back to Gorakhshep and head down the

glacier, reenter the lush and beautiful valleys, surrounded by spectacular snow-capped peaks. O/N at Periche.

Day 11: Namche

Hike down a steep trail to the Dudh Kosi and climb to Namche Bazar. O /N at guest house.

Day 12: Lukla

The final day of our descent, we'll have a long and leisurely trek back to Lukla. O/N at guest house

Day 13: Kathmandu,

Weather permitting, we'll fly back to Kathmandu today and enjoy the rest of the day at leisure. O/N at Hotel.

Day 14: Transfer to airport for departure flight to Delhi

Cost Includes

- Travel from Katmandu to Katmandu
- Hotel accommodation in Kathmandu (Twin or Triple sharing and ONLY for 2 days, extra stay due to flight delay will be borne by participants)
- Adventure Expert, Guide, Porters
- First-aid Kit
- Trekking Permit and Fees
- Guest Houses (with Cot, Bed, Blanket, Toilets, 2-3 sharing basis)

Cost Excludes

- Food (Note: food will be approx INR15000 to INR 17000)
- Purified/Bottled/Hot water, Hot water for shower, Camera/Handycam Fee, Personal Medication, Extra luggage, Laundry, Telephone, any other cost personal in nature
- Helicopter rescue cost, Medical facility
- Travel and rescue insurance
- Any travel or de-route plans that is not part of the event
- Any additional transport or portage due to Landslides/Weather/Roads etc
- Any cost due to delay on account of Weather/Climate changes/ Landslide/Rain/Snowfall etc
- Extra night accommodation in Kathmandu because of early arrival, late departure, and early return from the mountain(due to any reason) than the scheduled itinerary

Registration & Payment mode

- Net transfer - State Bank of India, Current a/c # 31845590940, Basecamp Adventures Pvt Ltd, HSR Layout Branch, Bangalore, IFSC Code SBIN0030495
- Online Payment: <https://www.onlinesbi.com/prelogin/icollecthome.htm?CORPID=358099>
- Select Payment Proceed > All India > Commercial Services > Basecamp Adventures > Himalayan Trek
- Cash payment - Visit our office between 10 am - 7 pm

Basecamp Adventures Pvt Ltd

Adventure | Outbound Training | Consulting

Phone: +91 080 22586912 | 9342016482 | 9686559418 | Address: 227, 31st Main, 7th Cross, Sector-1, HSR Layout, Bangalore - 560102

Website: www.basecampindia.com | Blog: www.basecampindia.blogspot.com | e-mail: info@basecampindia.com



Everest Base camp & Kala Patthar Trek
Total Cost: INR 56000 (Ktm to Ktm)
Grade: Strenuous | Maximum Altitude: 18500 ft
Region: Nepal Himalayan Range

Cancellation Policy

- Cancellations or transfer of registration will have to be in writing
- Cancellation fees - Before 25 days 75 % refund, 24-10 days 50% refund, 09-01 days 0% refund

Terms & Conditions

- Its mandatory for participants to fill and sign the declaration forms
- Participants are on the expedition on their own risk, fitness responsibility is of the participant
- Basecamp Adventures will not be responsible or liable for any losses, damages, expenses, accidents, mishaps or loss of life during the expedition
- Basecamp Adventures will have qualifies/experienced mountaineers as guides and leaders on the program
- The expedition will be lead by a leader who is also a qualifies mountaineer deputed by Basecamp Adventures
- The final call on route or changes in expedition due to weather will be taken by the leader
- Participants will get participation/summit certificate from Basecamp Adventures on request

Basecamp Adventures Pvt Ltd

Adventure | Outbound Training | Consulting

Phone: +91 080 22586912 | 9342016482 | 9686559418 | **Address:** 227, 31st Main, 7th Cross, Sector-1, HSR Layout, Bangalore - 560102

Website: www.basecampindia.com | **Blog:** www.basecampindia.blogspot.com | **e-mail:** info@basecampindia.com